

Facts about lupus

1. IT'S A CHRONIC ILLNESS

Symptoms may come and go, but the disease must be managed long-term. There is currently no known cure for Lupus

2. IT'S AN IMMUNE DISEASE

'Auto' means 'self' in Lupus, the immune system gets overactive and works incorrectly leading to your body attacking itself

3. IT'S NOT A ONE SIZE FITS ALL DISEASE

Lupus can look like many other diseases and have similar symptoms, yet the symptoms vary for different people, which make it difficult to diagnose.

Factors that may play a role with Lupus



GENDER AND SEX HORMONES:

Women get Lupus much more often than men as Estrogen levels may influence both the development and activity of Lupus

GENETICS

Lupus has a tendency to appear in some families more than others

ENVIRONMENT

UV rays from the sun or fluorescent light bulbs, medications that make you sensitive to the sun, infections, colds and viral infections

PHYSICAL AND EMOTIONAL STRESS:

Exhaustion and stresses to the body such as surgery, physical injury, pregnancy or giving birth